

Conference Activities

SHOAL BAY
RESORT & SPA



More than meeting expectations

Conference Activities

Eco Tours



Resort Eco Tours

Our very own Shoal Bay Resort & Spa guide can take you on an educated guided eco walk through many different areas around Port Stephens.

Available at a time suitable for yourself.

Best walk times sunrise or sunset.

Prices from \$5 per person.

Subject to availability



Australian Eco Adventures

One of the first special interest nature based operators in Australia emphasising experiences and factual interpretations in geology, ornithology, zoology, botany, anthropology, culture and photography.

Operating exclusive small group vehicles (2 - 16 pax) offering experiences from a range of 1, 2 and 3 day itineraries. Tours offer restricted access and genuine wilderness experiences.

From \$210 per person



Port Stephens Lighthouse

Eco Tours – Tomaree National Park

A beachfront walk takes you to beautiful Fingal Island where you will experience an exclusive tour inside this historic lighthouse. Enjoy the spectacular views and surrounding coastline while hearing stories of the history of the area as well as the colourful characters that inhabited the island. Meander back along the track, taking in the changing colours of the day.

Duration: 3-4 hours

Price: \$20 per person

Minimum booking fee: \$400 (20 max)



Samurai Dunes by Dusk

Eco Tours – Tomaree National Park

Take an evening stroll with the ranger through the beautiful Angophora forest at Samurai. Spot for the unusual woody pear and climb the golden sand dunes above Samurai Beach. Learn about the coast, its vibrant wetlands and history and on the way back spot for some of the nocturnal animals that may be out for the night.

Duration: 2 hours

Price: \$13 per person

Minimum booking fee: \$250 (20 max)

Conference Activities

Eco Tours



Dolphin Watch

Imagine Cruises is a sailing Eco-tour leader, committed to the preservation of our marine environment. These scenic cruises offer a friendly and entertaining interpretation of the port's local eco-systems with dolphins being the stars of the show.

Imagine sails out of Port Stephens, one of the most naturally beautiful and accessible waterways in New South Wales. Dolphin & whale watching cruises operate 7 days a week, with a 99% success rate in dolphin sightings!

Departs: 10.30am & 1.30pm daily

Duration: 1½ hours

Cost: From \$21 per adult



Whale Watch

Approximately 5000 humpback whales pass by Port Stephens on their annual migration North. View these magnificent creatures first hand with an unforgettable whale watch tour.

Moonshadow Cruises are 'Ecotourism Accredited' for their Port Stephens whale watching tours, operating from Nelson Bay since 1981. Offering three comfortable and luxurious vessels, all group needs are well taken care of with a range of cruises to suit any request.

Available: May - November

Departs: 10.00am & 1.30pm daily

Duration: 3 hours

Cost: From \$55 per adult



4WD Sand Dune Tours

The Stockton Bight Sand Dunes need to be seen to be believed... covering an area of over 2,500 hectares along the 32 kilometre long Stockton Beach.

Sandboarding experiences include transport, instruction and supervision.

4WD Eco experiences include a tour of 'Tin City', a small makeshift fishing village that emerges from the dunes like a mirage. View WWII and historical sites as well as the Sygna Wreck Tour – a Norwegian bulk carrier that ran aground during heavy seas in 1974.

Departs: Daily

Duration: Varies depending on tour

Cost: From \$20 per adult



Horse Trail Riding

Enjoy traveling through stunning areas, untouched forests and spectacular sand dunes. Take in three scenic trails of natural Australian bushland, lagoons and the famous coastal dunes on the Stockton Bight, Port Stephens.

Tours are available to riders of all ages and abilities

Times

9.30am, 10.30am, 11.30am, 1.00pm & 2.00pm

Duration

Varies depending on tour

Cost

From \$45 per adult

Conference Activities

Eco Tours



Quad Biking

Enjoy the largest coastal moving sand mass in the Southern Hemisphere on an eco friendly quad bike! With dunes as high as 30 metres, this is an all weather activity.

1 hr from \$85 per person

Let Quad Bike King introduce you to Quad Biking in a safe & fun environment. This session provides our riders with the opportunity to experience the magnificent Stockton Sand Dunes aboard their very own Quad Bike. This session includes safety training, quad bike briefing and riding your very own quad bike around the dunes.



Port Stephens 4WD

Port Stephens 4WD Tours have been established for over 10 years and can cater for both individual and group bookings! The ultimate team building environment... 2,500 hectares of sand and dunes up to 40 metres, high surrounded by bushland and 32 kilometres of surf beach.

With a range of activities we can offer team building from one to four hours, for 10 to 40 people.

Team building activities include: Sensational Sandboarding, The Carpet Maze, The Hydrostatic Well, The Toxic Swamp, Under Seige, Catch It, Balloon Stamp, Row Ball, Nuclear Meltdown and many more.



Kayaking

Step away from the conference room for a couple of hours and get up close and personal with nature on a sea kayak experience whilst enjoying the crystal clear waters of Shoal Bay.

'Time-Out Paddles' range from

1 hour (from \$25) to 2.5 hours (from \$45)

'Catapult Team Building Challenges' can be specially designed for your conference group and takes

approx 2.5 hours (from \$55)



Tilligerry Habitat Reserve

Activity Center

Tilligerry is the Koala Capital of NSW. Walk the peninsula at the start of the eco-tourism trail and see koalas and wallabies, parrots and sea birds in their natural environment.

Guided Koala walks include boomerang throwing and educational talks on how local plants were used by Aboriginal people and settlers.

Operates

Daily guided walks at 10.30am and 2.00pm

Conference Activities

Eco Tours



4WD Tag-Along Tours

Tag-Along Tours would like to offer you the chance to play "Follow The Leader" in your 4 Wheel Drive or a Passenger Vehicle across the famous Stockton Beach Sand Dunes, near Port Stephens.

We have passenger vehicles available if you don't have your 4WD and are 3 times nominated for best Tourist attraction in Port Stephens. You will learn how to safely negotiate the sand dunes and pick up handy sand driving tips from professional instructors.

Operates 7 days a week, ideal for motor industry

Packages Corporate team building packages, chartered tours and personalised itineraries

Bring Drinking water, hat, sunglasses, sunscreen, video camera, camera



Tomaree Headland Walk

Eco Tours – Tomaree National Parks

Walk up Tomaree Head with a Discovery Ranger and learn about the flora, fauna, islands and unique history of this headland. Enjoy a snack or lunch with a view, spot for migrating whales, diving sea-birds, or bottle-nosed dolphins. Then take an exclusive look inside the gun emplacements from WW2- and be prepared to be a little spooked!

Duration: 2 hours

Price: \$13 per person

Minimum booking fee: \$250 (20 max)



Whale Tales at Tomaree

Eco Tours – Tomaree National Parks

Take a stroll to the top of Tomaree Head and find out all about whales their annual migration and where their journey takes them. Hear about the wild storms and shipwreck history of this coast while enjoying the spectacular views of the surrounding coastline and islands from the top of Tomaree Headland. Lots of fun will be had by all.

Duration: 2 hours

Price: \$13 per person

Minimum booking fee: \$250 (20 max)

Conference Activities

Food & Wine



Corporate Winemaker Dinners

This unique opportunity will make any conference a great success. With Shoal Bay being located so close to the Hunter Valley's most prestigious and celebrated wineries, delight your group with a private winemaker lunch or dinner, offering a combination of a delectable menus matched with luscious wines. Each course is complimented with commentary from the selected wine maker, an unforgettable experience unique to Shoal Bay Resort & Spa.

Past Winemaker Dinners have included well known wineries such as Bimbadgen Estate, Tulloch Wines, Margan Estate, Tyrrells Wines and Pepper Tree wines to name a few.



Pukara Estate

Pukara Estate's Extra Virgin Olive Oils are amongst Australia's best olive oils, winning over 40 awards in shows nationally, including the prestigious Australian Olive Association National Show.

Activities available for groups include:

Grove Tours – learn more about our varieties and production methods

Press Tours – see our press and learn how olive oil is made

Tutored Oil Tasting– learn about olive oils and their characteristics

Lunch & Refreshments – Light lunches and refreshments are served including Toby's Estate Coffee.



Port Stephens Winery & Boutique Wine Centre

Opened in 1993, the Port Stephens Winery has gained a reputation as a quality destination for groups and visitors of all ages.

Set on 35 acres, the winery is alive with a wide variety of birds and native wildlife.

The vineyard team use some of the most advanced environmental techniques to ensure preservation of the local environment.

The Port Stephens Winery is ideal for corporate functions and events. The multi functional outdoor gazebo with weather covered sides offers a relaxing and tranquil setting like no other in Port Stephens.



Inner Light Tea Rooms

Taking in some of the most breathtaking views in the Bay, Wonganella is set on 35 acres of picturesque views, with seven acres of grapes planted in varying soil types. There is a wide range of fine wine available and perfect for a group lunch, morning or afternoon tea.

Cellar Door open 7 days a week

10.00am – 6.00pm

Café open Wednesday to Sunday

10.00am – 5.00pm

Conference Activities

Team Building



Cheeky Food Group

Inspire your team, clients or entire company to create their own, unique restaurant. As the 'chefs', you'll cook the glamorous meal. Then as the 'customers', you'll eat and enjoy your feast together. Far more than your run-of-the-mill cooking class, Cheeky makes it fun and totally interactive - a true "event"!

Cooking is the perfect team building activity for conferences or rewards. Get motivated and inspired! Catering for groups from 4 to 400 in size, this exciting concept suits all management levels, ages and genders. A unique program is developed to address and issues or goals your group may have, but still with plenty of laughs.



Shoal Bay Beach Club

Take your group outdoors and enjoy the natural beauty that Shoal Bay has to offer with individually tailored eco-friendly beach activity programs that will be the highlight of your next event. Shoal Bay Beach Club activities include a wide range of sailing options as well as fun beach challenges such as beach volleyball, beach Olympics and beach Oztag.

Exciting team challenges and experiences can be developed for your delegates. Options include "The Big Picture" with teams recreating master art on giant canvasses, "Survivor Beach Challenge", "Beach Club Catapult & Kayak Challenge", drum workshops and many more.



Secret Agent Urban Assault

Proudly hosted by Moonshadow Cruises, your objective is to locate bases hidden within the town, decipher the codes and make your way to the secret Spy Headquarters without alerting suspicion. Teams will require a Code Breaker, Linguistics Officer, Master of Disguise etc at different stages within the game. Game money can buy you cheats and spying is encouraged, but sabotage is banned.

This is a covert operation and you must operate in strict secrecy, complete the tasks and locate all bases. When the final clue is deciphered the Spy Headquarters will be revealed and the champions declared.



Pirates of Port Stephens

Proudly hosted by Moonshadow Cruises, you will be divided into Buchaneers, Pirates, Bounty Hunters etc and your roles will be revealed. On arrival at Treasure Island you will be transferred ashore and will need to complete a series of tasks in order to gain keys (and the chance to unlock the buried treasure).

Tasks can include Walkn' the Plank, Raise the Flag, Well of Keys, Canon Ball Toss and Sand Sculpture Mime. Once tasks are completed and keys collected you can reboard the Mothership and see which team can unlock the treasure.

Duration: Approx 3 hours

Departs: d'Albora Marina, Nelson Bay

Conference Activities

Adventure



Paintball

Since their establishment in 1990, Hunter Valley Paintball has been a front-runner in the paintball industry in the Hunter Valley, Great Lakes area. Hunter Valley Paintball provides you with all the facilities needed for a safe, comfortable memorable day of Paintball.

Paintball can be used as a team building exercise or just sheer fun! Hunter Valley Paintball specialise in making your next conference one which your company will be talking about for a very long time. The ultimate concept for your next corporate function --- Arrive by helicopter.



Thundarcraft

Board our high-powered Thundarcraft & ride the waves of Port Stephens for a huge adrenalin rush.

Wave Jumping

Group bookings available.

From \$65 per person

Max of 12 passengers

Duration 45mins



Parasailing

Enjoy breathtaking views of Port Stephens as you soar 300ft in the air.

\$75.00 (One person on their own)

\$125.00 (Two people flying together)

Groups - from \$59.00 per person
(minimum 8 people flying tandem)

Any time available.



Jet Ski

Experience the ultimate adrenaline rush on a jet ski, take a relaxed ride and search for dolphins or race across the bay and enjoy the thrill of the moment.

No experience or license is required.

From \$80 per person.

Time and price will vary according to the size of your group. Special conference discounts may apply.

Conference Activities

Adventure



Go Karts

Race your work colleagues for the quickest track times. Let off some steam on this fast paced track.

All safety equipment provided.

From \$30.00 per person for a 10 minute ride.

Any time available.



Rock Climbing

Need an activity for a rainy day, why not try indoor rock climbing at Toboggan Hill Park – Port Stephen's premier tourist park.

From \$6 per person or

From \$5 per person for groups of more than 10



Bike Hire

Let your conference group discover the beauty of Shoal Bay, Fingal Bay, Nelson Bay and the stunning surrounding area on a bike hired from the Resort. Enjoy the great outdoors on an easy bike ride and take in the natural beauty this area has to offer.

Bike hire can be arranged through Concierge or your onsite conference organizer.



Diving

Ever wanted to hand feed the fish and explore the wonders of the sea? You can do it seven days a week in the crystal clear waters of Port Stephens. Pro Dive offers snorkeling lessons and scuba tuition, including escorted dives. The two licensed dive boats depart the Nelson Bay Marina daily and hires the latest in snorkeling and scuba equipment.

Conference Activities

Health



Yoga

Revitalize Yoga invites sincere Yoga practitioners of all ages, sizes, shapes and fitness levels. Revitalize Yoga is dedicated to creating a supportive environment for your ongoing development and understanding of how Yoga can serve you in your current life.

Our instructors are well-trained, ethical in their approach and mindful of each student's physical, mental and spiritual well-being.

Revitalize offers a wide range of classes and workshops, ideal for your conference delegates to refocus, calm the mind and increase concentration.

Prices vary dependent on size of group.



Tai Chi

What a wonderful way to get in touch with your mind body and soul. A fully qualified instructor will give you a chance to be re-connected with your inner self.

One hour class from \$15.00 per person.

Any time available.



Boot Camp

Improve the health status of your group, teach them a healthier lifestyle and maintain motivation with the Port Stephens Boot Camp. Fitness sessions involve a variety of exercises designed to suit the ability of each individual client. There is an emphasis on aerobic activity in a setting that is designed to be challenging, achievable and enjoyable.

Packages are designed to suit busy professionals in maximizing their health, wellbeing and performance. Recognising that companies are looking for new ways to care for and motivate their staff, Port Stephens Boot Camp ensures that teamwork is a central theme of their program, all set on beautiful Shoal Bay Beach.

Duration 2½ hours



Aqua Spa

As you arrive at the Aqua Spa you will sense the tranquil ambience that makes the outside world seem a million miles away, this is a sanctuary for the inner self, to refresh and rejuvenate your spirit as well as your physical being. Bookings essential.

Platinum Packages

¾ hr treatment from \$80.00 per person
Choose from: Full Body Massage, Full Body Exfoliation, Spa Facial for ladies, Spa Facial for men

Gold Packages

½ hr treatment from \$50.00 per person
Choose from: Back Exfoliation & Hydration, Massage, Upper Body Scrub, Lower Body Scrub, Express Facial

Conference Activities

Other



Golf

Surrounded by 3 international standard golf courses and rated as one of Australia's best golfing destinations.

Horizons

From \$74.00 for 18 Holes (Excludes cart).
Cart Hire \$15 pp (18 Holes).
Pull buggies are also available for hire for \$5.

Pacific Dunes

Friday – Sunday from \$60 for 18 Holes.
Monday –Thursday \$49 for 18 Holes
(Excludes cart). Cart Hire \$15 pp (18 Holes)

Nelson Bay

Monday-Friday from \$39.00 for 18 holes
Saturday, Sunday & Public Holidays from
\$44.00 for 18 holes



Surf Lessons

Let the friendly staff at Anna Bay Surf School guide you through the thrills and spills of surfing. Qualified instructors will take your group through the basic steps of one of Australia's greatest lifestyle sports for people of all fitness levels and abilities. Team building days can include surfing, beach volley ball and a body boarding lunch.

The perfect summer experience with lessons from 9.00am daily.

From \$55 per person.

Time will vary depending on the size of your group.



Barefoot Bowls

Kick off your shoes and challenge your colleagues to an entertaining game of Barefoot Bowls at Nelson Bay Bowling & Recreation Club – where the service and the views are equally impressive.

Group bookings from \$10 per person



Aust Shark & Ray Centre

Hand feed, touch or play with sharks, rays, seahorses, octopus, eels and fish in the safest environment possible.

The safest, easiest yet most breathtaking way to experience the wonders of Scuba Diving and still be relaxed. A wonderful and magical experience with the world's biggest "underwater puppies", be amazed at how gentle they really are.

Group snorkelling, beginners scuba dive and hand feeding tours available.

Group bookings from \$35 per person

Conference Activities

Other



Salamander Super Strike

– Ten Pin Bowling

Salamander Bay is the site of the original Super Strike. Opened in 1998, the venue has 12 lanes, a large area for arcade games and is very popular in the Port Stephens region.

The Super Strike Cosmic Bowling is an out of this world experience. The lights go down and everything glows in the dark from the lanes to the balls and pins. Awesome laser lights beat to the sound of the latest hits blasted from the huge sound systems. There is a cosmic Bowl session held every day. This is a perfect wet weather option for conference groups with packages and transfers available.



Maitland Gaol

A key anchor attraction of the Hunter, Maitland Gaol has a vibrant history spanning more than 150 years. Open 7 days, Maitland Gaol offers visitors the opportunity to indulge in a world class self-guided audio tour. Additionally, themed-guided tours and torchlight tours by night are regularly available and are a great way to interpret this unique attraction. Only the brave can battle a group sleepover night.

Operates: 7 days a week

Cost: From \$15 per person



Tanilba House

The most fascinating house in Port Stephens was built by convicts in 1831 and is one of the oldest historical monuments in Australia. Open for inspection Wednesday and Sunday, 10.30am and 4.30pm or other days by appointment. Group bookings welcome to enjoy Devonshire tea or a light lunch. Exhibitions and live music feature throughout the year.



Helicopter Tours

Looking to reward a team member/s, why not send them on a breathtaking scenic tour throughout Port Stephens and the Hunter Valley.

Based at Newcastle Airport, Williamtown, there is a large selection of flights ranging from a scenic of the Sygna shipwreck off Stockton Beach to lunch in the Hunter Valley vineyards.

Operates

7 days a week with the Port Stephens Helipad operating on long weekends throughout the year.